

# Cheyenne Mountain Design

Many Plains artists use geometric designs to depict important landmarks. Find this motif in the gallery.



**Your turn! What landscapes—beaches, wetlands, or forests—can you design using only shapes?**

A 20x20 grid of black dots on a white background. The dots are arranged in a regular, repeating pattern, forming a square grid. There are 20 dots in each row and 20 dots in each column, totaling 400 dots.

Scan to see  
upcoming  
programs at FAM



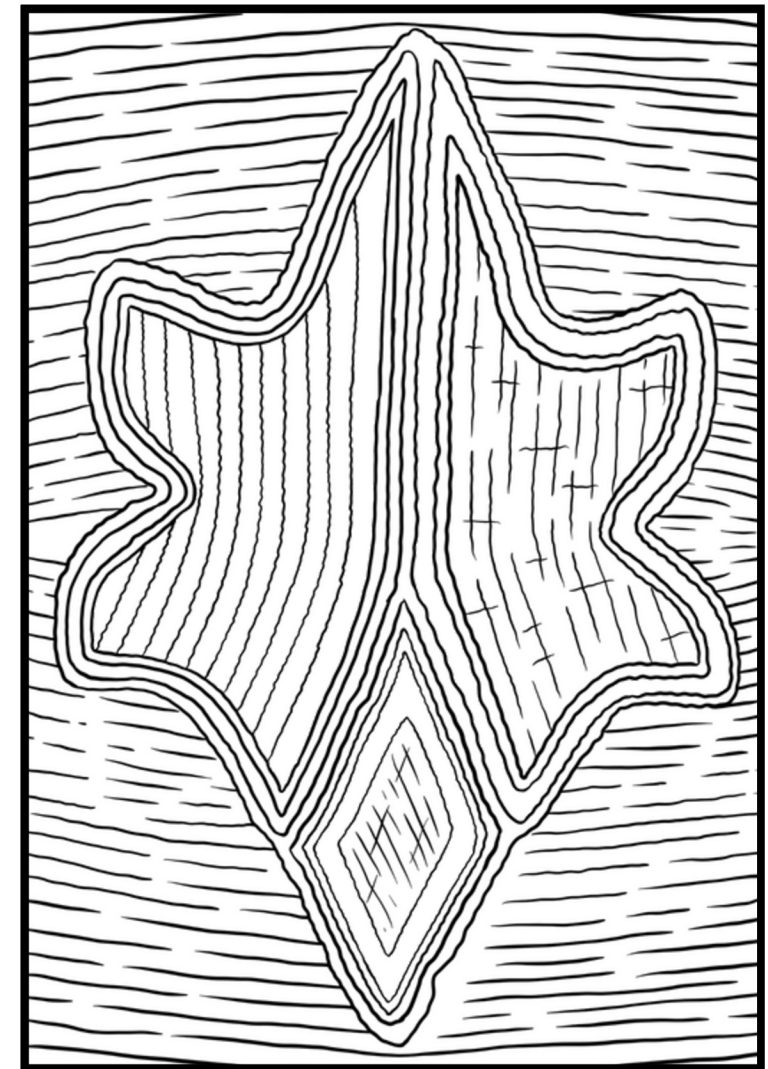
# Gallery Zine



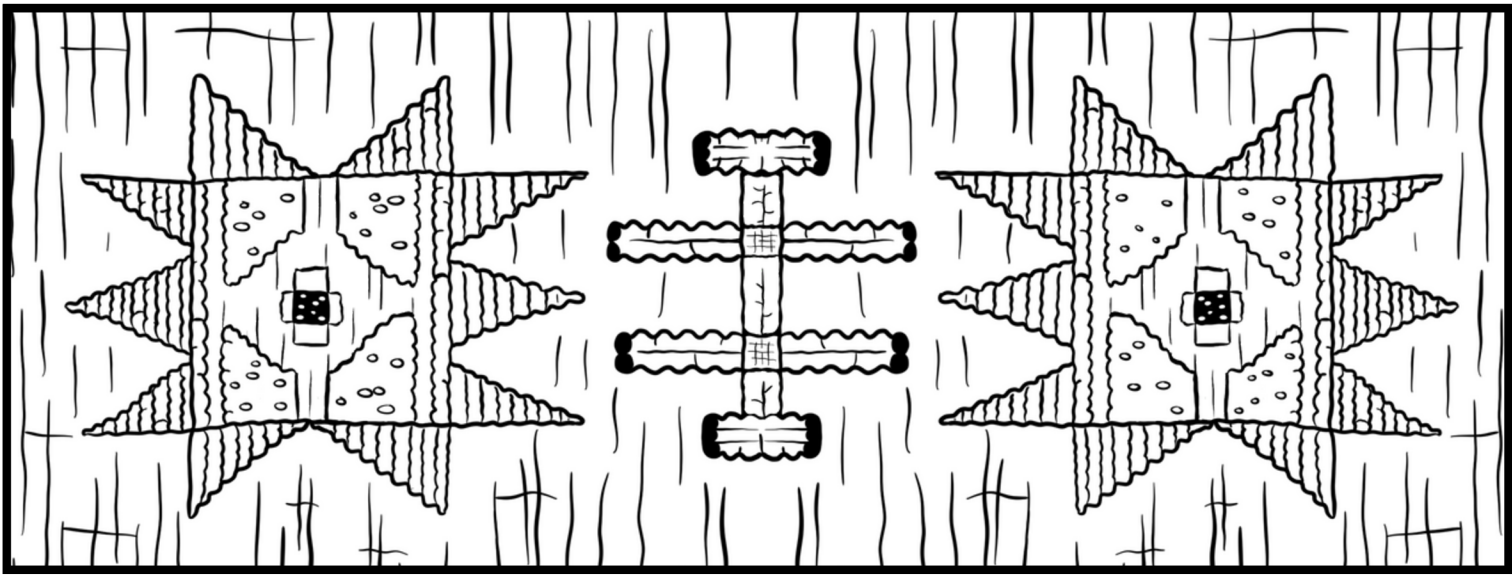
# Kiowa Oak Leaf

Find this common Kiowa design on the cradleboard (a baby carrier) in the exhibition. Its beaded designs tell us about the child's family.

**What designs might represent your family or community? Doodle or describe them below:**

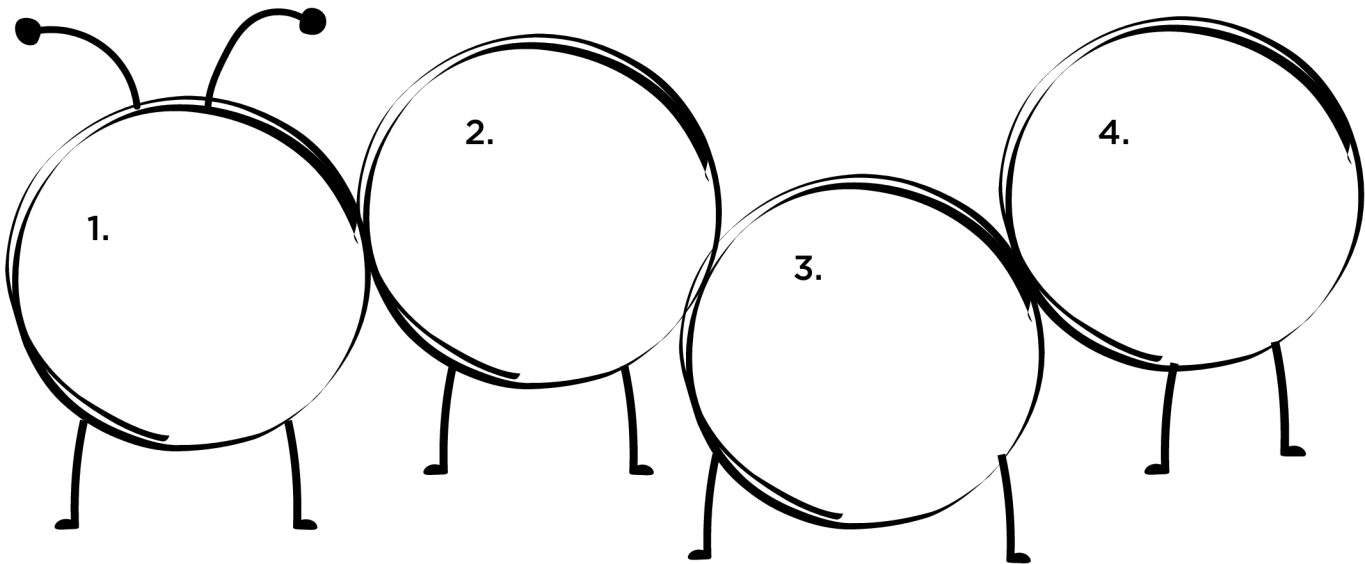


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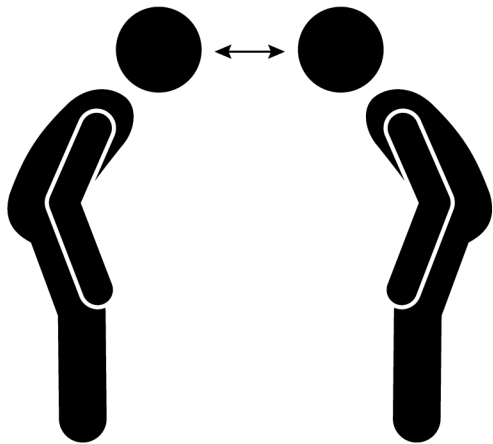
# Arapaho Caterpillar Designs

Find these designs on objects in the Sewn Symmetry exhibition. Some Arapaho stories include caterpillars, which can mean renewal or change. **Share four positive changes (such as less screen time or eating more fruit) that you would like to make this summer:**



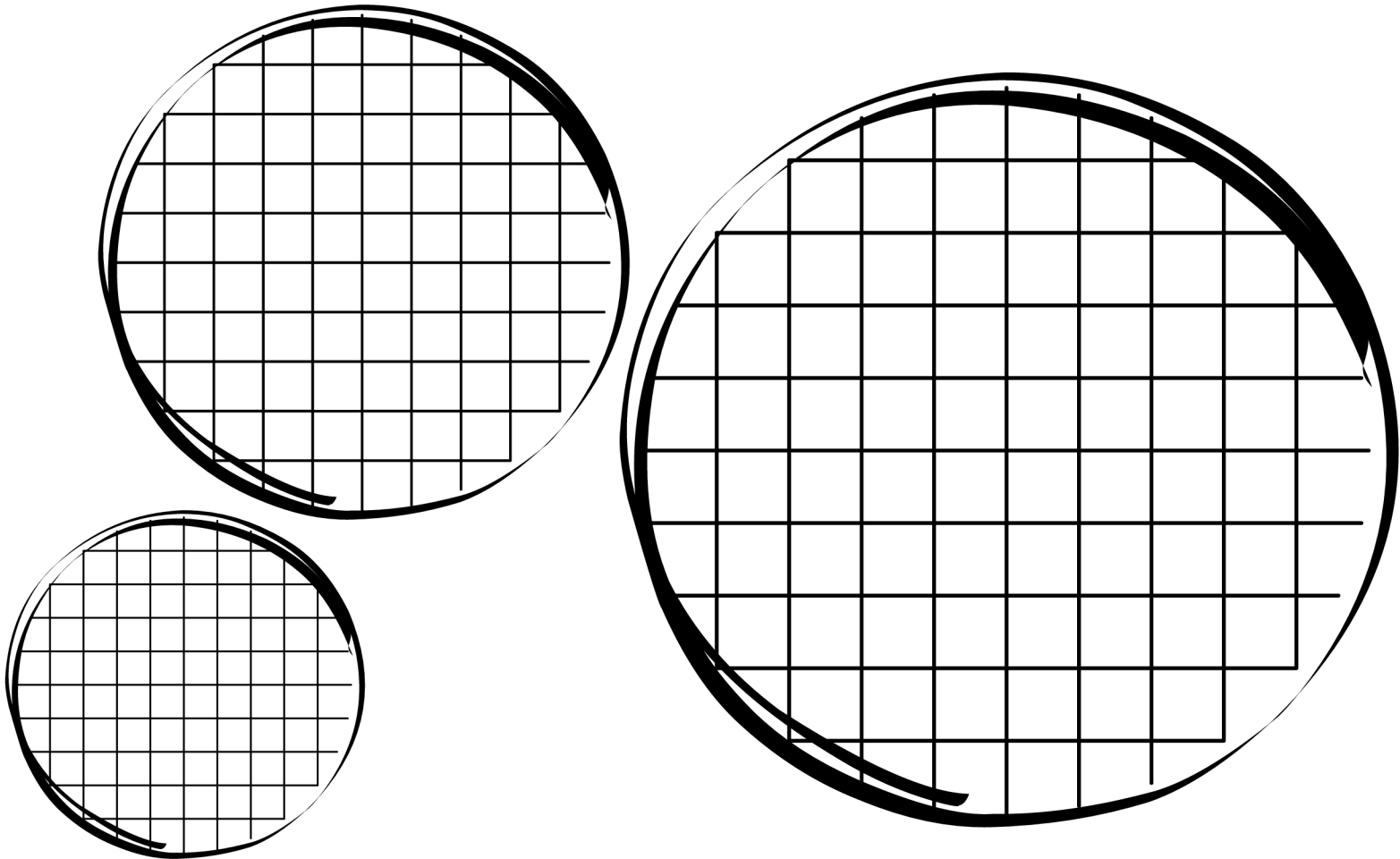
## TRY THIS!

Create symmetry between you and a partner. Face each other in an area with plenty of room to move. The leader will move their body, with the follower mirroring their motions. What symmetrical movements can you make together?



# Design Sleuth

Visit Sewn Symmetry to find beadwork designs that delight you. **Draw what you observe or create your own motifs in the circles below.**



# Learning from Auntie

Many beadworkers learn the artform from family members. It takes many years and dedication to learn to bead. Whether it is baking, sewing, or driving a car, there are many things you can learn from your family.

**List some skills your family has taught you, or ones you'd like them to teach you...**

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